

This Shabbos

Rabbi and Mrs. Shmuel Lynn invite the community to a kiddush this Shabbos in honor of the recent birth of their twin daughters, Aderet and Penina, at their home 107 Bryn Mawr, from 11-12:30. Mazel Tov!

Shabbos Shiurim

Parsha Chaburah:	7:55 am
Rabbi's Mishlei Shiur:	8:15 am
Medical Halacha Shiur:	Between Mincha and Maariv
Medical malpractice in halacha: is a doctor, nurse, or layperson responsible for making an error?	
Chabura by Rabbi Rafi Eis:	Between Mincha and Maariv
Davar Shelo Ba Le-Olam	

Weekday Shiurim

Mussar:	15 min before Shacharis
Mishna Brura:	Monday and Wednesday after Maariv
Hilchos Tzedaka:	Monday 8:30 pm
Nefesh HaChaim:	Thursday 10:15 pm
Check with Dr Daniel Eisenberg to confirm.	

Weekday Davening Times

Shacharis:	Sunday	8:00 am
	Mon and Thurs	6:40 am
	Rosh Chodesh Kislev (Tues, Wed)	6:30 am
	Fri	6:50 am
Mincha/Maariv:	Sunday, Nov 15 th :	4:30 pm
Maariv:	Monday through Thursday:	7:45 pm

Young Israel of the Main Line

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Parshas Chayei Sara פרשת חיי שרה

November 13-14

Mevorchim haChodesh



Shabbos Davening Times



Candle lighting:	4:29 pm
Mincha - Friday:	4:30 pm
Sof Zman Krias Shema:	9:15 am
Shacharis:	8:45 am
Mincha:	4:25 pm
Maariv:	5:31 pm

Next Shabbos

Candle lighting:	4:24 pm
Mincha - Friday:	4:25 pm

All submissions, suggestions and sponsorship should be sent (by Wednesday evening) to weeklyupdate@yiml.org



- Mazel Tov to Donni and Arie Schwartz on the birth of a baby boy right before Shabbos last week.
- Mazel Tov to David and Cheryl Epstein and Mrs. Suri Rabinovici on the birth of a granddaughter/great granddaughter born to Dov and Baila Epstein.

Pirchei of Bala Cynwyd

Pirchei of Bala Cynwyd will iy"H meet this Shabbos from 2:45pm - 3:45pm at LMS in the Social Hall. Boys grades K-8th. If you would like to help support Torah Youth or have any questions please contact Rabbi Ari Silver at SilverDollar@verizon.net or 610-668-6833.

Bnos of Bala Cynwyd

Bnos of Bala Cynwyd will iy"H meet this Shabbos from 2:45pm - 3:45pm at LMS. Bnos is open to all girls ages 3 years through 6th grade. *Bnos wants to continue providing fun and exciting activities...please pay your yearly membership if you haven't done so yet!* \$36/girl, \$90 family maximum, checks can be made payable to Bnos and sent to Meira Friedman.

Weekly Events

Chevra Mishnayos: Now learning Seder Zeraim. See shul bulletin board to sign up.

Women's Tehillim Group: Mondays 10:45 am at 8 Concord Circle followed by the Rabbi's Chovos Halevavos shuir.

✉ **Join the shul email list:** send a message to majordomo@chaseplanet.us with the following in the body:
subscribe yiml YOUR E-MAIL ADDRESS

Thought of the Week

"And Sarah died in Kiryat Arba, which is Chevron in the land of Canaan; and Avraham came to cry for her and mourn her." [Bereshis 23:2]

Rashi quotes a very famous Rabbinic tradition that explains the juxtaposition of the Binding of Yitzchak with the death of Sarah, by teaching that Sarah in fact died from the shock of hearing that her son was almost slaughtered.

How did Avraham and Yitzchak, who themselves were physically involved in the actual trauma of the Binding of Yitzchak, manage to survive the trauma? The drama must have been more vivid and frightening for them than for Sarah. Yet, they apparently were none the worse for the experience. Sarah on the other hand, only heard about the events by word of mouth -- after she already heard that Yitzchak was safe -- and yet she died of fright. She could not handle it. Why?

Rav Chaim Shmuelevitz suggests that the distinction is based on a Talmudic passage in tractate Avodah Zarah. The Gemara there says [3a] "Ain HaKadosh Baruch Hu ba b'Trunya im beriyosav" [G-d does not give his creations anything that they cannot handle]. A person has the potential to withstand any stress, trial, or tribulation that he faces in his life. Whether the person does or does not withstand the test is a different story; but by definition it is not beyond the person's capabilities. Implicit in the fact that G-d gives us a difficult task is the fact that He also gives us the ability to deal with that task. Two people may face the same trying circumstances and react differently -- because one of them met the challenge and one -- although he had the potential to meet the challenge -- did not!

Rav Shmuelevitz explains that the test of the Akeida was a trial for Avraham and Yitzchak, but it was never intended to be a test for Sarah. By virtue of the fact that Avraham and Yitzchak had to endure this test, G-d gave them the ability to handle it. Sarah was not given this test and therefore -- despite the fact that she may have been superior in prophecy to her husband -- she was likewise not granted the special Divine Aid (Siyata D'Shmaya) and inner fortitude that were necessary to handle this trauma. Indeed she was not able to handle it.

This teaches us that even though one person is greater than another in certain areas, he may in fact not be able to endure something that a spiritually inferior person is able to endure -- because he was never given the Divine Aid necessary to meet that challenge. The test was not his, so he may not have been granted the requisite spiritual powers that are necessary to pass the test.

Adapted from "When You Are Faced With Stress or Trauma - Know That You Can Handle It" by Rabbi Frand.

<http://www.torah.org/learning/ravfrand/5761/chayeisarah.html>